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## Colonoscopy Preparation Instructions MoviPrep

- 1- A thorough cleansing of the colon is essential and the examination is most successful if you follow the directions for the preparation.
- 2- Stop Iron and vitamins with Iron 7 days before the procedure. Unless otherwise instructed stop aspirin and all blood thinners 7 days before procedure.
- 3- On the day of the procedure you should take your blood pressure and any heart medications with sips of water, except insulin and diabetic pills.
- 4- Please arrange for a ride at the end of the exam. You will not be able to drive that day if you receive and sedation during the test.